

Time Capsule

You are living through history right now! So why not make a time capsule while you are home learning?

This is a fun and interesting activity and it could be followed by people of any age who want to remember this extraordinary time. You can also put your own ideas into it, to make it unique to your family.

Write a letter

This should be to your future self and include your age, who your friends are, favourite TV shows, songs and books. Write about what's happening in your own words and tell your future self about how you are feeling right now. You can also talk about what you would like to be when you grow up.

Get a newspaper or magazine - if safe to do so

Cut out articles you think would be important to look back on or print out online articles.

Include a drawing

Draw a picture of your family or something that is special to you.

Take some pictures

Print out images taken on the day you create the capsule and pop them in.

Package it all up and lock away

Put everything in a scrapbook, box or some other kind of package and put it somewhere safe for years to come.