



Course Description

A two year full-time course providing in-depth study of the sector. Supports progression to higher education and employment.

For post-16 learners wishing to specialise in a specific industry, occupation or occupational group. The qualifications give learners specialist knowledge and skills, enabling entry to an Apprenticeship or other employment, or progression to related higher education courses. Learners taking these qualifications must have a significant level of employer involvement in their programmes.

In addition, universities, professional bodies and businesses have all confirmed that these qualifications meet their entry requirements.

Course Content

There will be 3 mandatory units and 1 optional unit.

Mandatory Units

- Anatomy and Physiology (120 GLH) H, Exam based
- Fitness Training and Programming for Health, Sport and Well-being (120 GLH) H, Exam based
- Professional Development in the Sports Industry (60GLH), Coursework based

Optional Units

- Sports Leadership (60 GLH) Coursework based
- Application of Fitness Testing (60 GLH) H, Coursework based
- Sports Psychology (60GLH), Coursework based
- Practical Sports Performance (60GLH), Coursework based



Scheme of Assessment

The styles of assessment are a real strength of the programme, with the emphasis on coursework rather than exams, allowing students to achieve their full potential. There are a diverse range of methods used including written assignments, group work, laboratory reports, presentations, practical tests and simulations.

Grades are awarded on a Pass, Merit or Distinction basis

Examining Body

Edexcel (Pearson)

Entry Requirements

4 GCSEs grade 9 - 4 including grade 4 in English and Maths

Career Progression

The course provides progression opportunities into vocationally relevant employment or higher education, including a guaranteed place scheme for HE sport options within the Department.