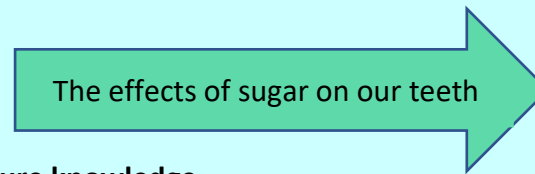
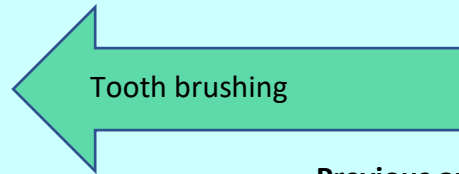


# Year 2- Health and Well Being Knowledge organiser



## Key Vocabulary

**Goal**  
**Achieve**  
**Heathy**  
**Unhealthy**  
**Balance**  
**Portion**  
**Managing risk**  
**Smoking**  
**Parliament**  
**Bullying**  
**Unkindness**  
**Conflict**  
**Hazardous substance**  
**Keeping safe**



Previous and future knowledge

To set a goal  
 To identify heathy and unhealthy foods  
 To name the 5 food groups  
 To identify foods within each of the food groups  
 To explain how to stay safe around harmful substances  
 To identify the risks associated with smoking  
 To explain what parliament is and why it is important  
 To identify different types of bullying and explain what to do if they are being/witness bullying  
 To explain what conflict is and ways of resolving conflict

Type	Function
Incisors	Incisors help you bite off and chew pieces of food
Canine	These teeth are used for ripping and tearing teeth
Molars	These help you crush and grind food

