	Knowledge	Organiser	
Sport focus:	Basketball	Year 1	Term 1
What? (Key Ki	nowledge)	Wh	at? (Key Vocabulary)
Tooching Dointe		Spelling Definition/Sentence	
Teaching Points Catching a ball with basic control. Passing a ball in the direction of a target or another		Warm up	Preparing our bodies for exercise, pumping blood around our bodies faster, to prevent
person. Taking part in sending and receiving activities in pairs in any direction.		Cool down	injuries An easy exercise, done after exercise, to allow the body to transition to a resting
Take part in basic opposed condition games that involve passing a basketball.		Dribbling	The act of bouncing the basketball continuously.
Talk about exercising, safety for basketball and short term effects of exercise.		Passing	Releasing an object from their hand, over arm/under arm aiming to land at the chosen player
Rules You cannot walk or run while holding the ball; so in		Catching	The ability to track the ball with your eyes all the way into your hands securely
order to move on court you must dribble (travelling rule) You cannot dribble with two hands at the same time		Backline	The lines located at each end of the court, closest to the basket
or dribble again after catching the ball (illegal dribble).		Sideline	The lines marking the side of the court
You cannot make unfair contact (personal foul). To restart the game use a pass from out of bounds (near where the violation took place).		Diagrams and Symbols	
Questio Q. What are the benefits of c hands? A. More control	ons		ACTIVATE
Q. Why is it important to war A. To warm up the muscles, t going to be moving fast	•		
Q. When we are moving with called? A. Dribbling	the ball what is this		
Q. Can you name the two typ basketball court? A. backline, sideline	bes of lines around the	Р	ossible Experiences Eggs in the nest
Kahoot Quiz		Partner passing Target throwing Defensive line	