

Knowledge Organiser

Sport focus:

Basketball

Year 6

Term 1

What? (Key Knowledge)

Teaching Points

How effectively invade space and evade opponents during a basketball game.

How to take part in conditioned games with understanding of tactics and rules.

Lead an effective warm up and know the long and short term effects of exercise.

Basic shooting technique

How to manage teams and lead skill practices.

How to combine accurate skills such as pass, dribble, shooting etc.

How to advise and help others in their techniques in a game.

Rules

You cannot dribble with two hands at the same time or dribble again after catching the ball (illegal dribble).

You cannot make unfair contact (personal foul).

To restart the game use a pass from out of bounds (near where the violation took place).

The offensive team cannot pass the ball back over the half way line when attacking.

2 Points are awarded for each basket scored.

The ball must not leave the playing area or possession is lost.

Basketball matches are played in quarters of 12 minutes

Players have 10 seconds for a free throw

Questions

Q. what would happen if contact was made during a layup?

A. Foul, free throw

Q. Why is it important to collect the rebound?

A. To keep possession, try to score

Q. What is the purpose of pivoting/

A. Having the ability to change direction of play, keeping possession.

Q. What is the difference between defensive and offensive?

A. Defending and attacking

Kahoot quiz

<https://create.kahoot.it/details/ca771129-0d31-463b-bd6c-1e087dbb1c5e>

What? (Key Vocabulary)

Spelling

Definition/Sentence

Warm up

Preparing our bodies for exercise, pumping blood around our bodies faster, to prevent injuries

Cool down

An easy exercise, done after exercise, to allow the body to transition to a resting

Rebound

Get control of a ball that has come off the rim or backboard after a failed shot attempt

Offensive

Being in possession of the ball, aiming to score a basket

Defensive

Aiming to gain possession of the ball, trying to avoid the other team scoring a basket

Pivot

To hold onto the ball and move around, legally, by keeping one foot in the same spot.

Diagrams and Symbols



Possible Experiences

Pressure
Pivot shooting
Small sided games
Layups