

Knowledge Organiser

Sport focus:

Basketball

Year 5

Term

What? (Key Knowledge)

Teaching Points

Know how to influence opposed conditioned basketball games.

How to control and catch a ball with movement in an opposed situation.

Basic shooting technique

How effectively invade space and evade opponents during a basketball game.

How to take part in conditioned games with understanding of tactics and rules

Lead an effective warm up.

How to manage teams and lead skill practices.

Rules

You cannot dribble with two hands at the same time or dribble again after catching the ball (illegal dribble).

You cannot make unfair contact (personal foul).

To restart the game use a pass from out of bounds (near where the violation took place).

The offensive team cannot pass the ball back over the half way line when attacking.

2 Points are awarded for each basket scored.

The ball must not leave the playing area or possession is lost.

Basketball matches are played in quarters of 12 minutes

Players have 10 seconds for a free throw

Questions

Q. Why is it important to collect the rebound?
A. To keep possession, try to score

Q. Explain how you pivot?
A. to hold the ball and move keeping one foot in the same spot.

Q. What is the purpose of pivoting/
A. Having the ability to change direction of play, keeping possession.

Kahoot quiz

<https://create.kahoot.it/details/ca771129-0d31-463b-bd6c-1e087dbb1c5e>

What? (Key Vocabulary)

Spelling

Definition/Sentence

Warm up

Preparing our bodies for exercise, pumping blood around our bodies faster, to prevent injuries

Cool down

An easy exercise, done after exercise, to allow the body to transition to a resting

Pivot

To hold onto the ball and move around, legally, by keeping one foot in the same spot.

Passive defender

Moving defender with no objective to win possession

Violation

Committing a foul

Jump ball

The jump ball is what starts every basketball game

Rebound

Get control of a ball that has come off the rim or backboard after a failed shot attempt

Diagrams and Symbols



Possible Experiences

Directional passing with pivot
Pressure
Pivot shooting
Dribble knockout
Small sided games