Knowledge Organiser

Sport focus:	**Basketball**	Year 3	Term 1

What? (Key Knowledge)

Teaching Points
How to control and catch a ball with movement, in any direction skill practices.
Play in opposed condition games that involve passing and moving with a basketball.
How to influence opposed conditioned games.
How to dribble a basketball with basic technique in skills practices.
How to dribble within a conditioned game.

Rules
You cannot walk or run while holding the ball; so in order to move on court you must dribble (travelling rule)
You cannot dribble with two hands at the same time or dribble again after catching the ball (illegal dribble).
You cannot make unfair contact (personal foul).
To restart the game use a pass from out of bounds (near where the violation took place).
2 Points are awarded for each basket scored.
The ball must not leave the playing area or possession is lost.

Questions
Q. What is it called when you dribble, stop and then dribble again? A. Double dribble
Q. After performing a jump stop, what position should you be in? A. Ready position
Q. Why is it important to keep you head up when dribbling? A. To find space, see your team mates, to know where you're going
Q. How can you trick the defenders? A. Dodge, change direction, fake run, move head

Kahoot Quiz
https://create.kahoot.it/details/9d5ba28f-6aeb-43ee-aca5-85772921f73e

What? (Key Vocabulary)

Spelling	Definition/Sentence
Warm up	Preparing our bodies for exercise, pumping blood around our bodies faster, to prevent injuries
Cool down	An easy exercise, done after exercise, to allow the body to transition to a resting
Chest pass	The basketball is passed directly from the passer's chest to the receiver's chest.
Bounce pass	The basketball bounces about two-thirds of the way from the passer to the receiver.
Double dribble	A violation in basketball when you dribble after being stationary with the ball
Jump stop	Stopping immediately with knees bent and head up (similar to ready position)

Diagrams and Symbols

Possible Experiences

Defensive Mirror
Target passing
1 v 1 quick trick
Red light, green light
Count them up