



# Year 4 Spring 2 Term Knowledge Organiser



## What does it mean to follow the Buddha?

<b>Star Vocabulary</b>	
<b>Buddha</b>	The teacher and creator of Buddhism.
<b>Meditate</b>	When Buddhists close their eyes and breathe deeply, trying to empty their mind of thoughts.
<b>Enlightenment</b>	Breaking the Buddhist cycle of rebirth and reaching Nirvana.
<b>Eightfold Path</b>	The rules laid out by Buddha which will lead to Nirvana.
<b>Shrine</b>	A special place that is linked with a holy object or person.
<b>Puja</b>	The Buddhist act of worship.
<b>Nirvana</b>	Perfect peace with no suffering.
<b>Wesak</b>	Important Buddhist festival when Buddhists try to clear their minds of negative thoughts.

What I should know already...

What I will learn in the future...

What is Buddhism?

What does Buddhism teach us about human experience?

### Special Shrines

Buddhists can worship from home or at a temple. Buddhists worship by sitting on the floor, making sure their feet face away from any image of Buddha. The head and body face the image of Buddha. This is called puja.



Buddhists live by five rules:

- Never take the life of a living creature.
- Do not steal.
- Be faithful to your partner.
- Do not lie.
- Do not drink alcohol.

### The Buddha

There are no Gods in Buddhism. It was created by a man called Siddhartha Gautama, who was born in a noble family. He lived a sheltered early life, but when he was older, he went out into the world and saw that sickness, age and death come to everyone. After seeing this, Gautama meditated and found the answer to life. This made him the Buddha. This was called enlightenment and the Buddha decided to teach others how to reach it.

Wesak is an important Buddhist festival celebrating the Buddha's birthday.



The Buddhist teachings are called 'Pani Canon' and the 'Sanskrit Canon'.

### Attainment Skills

Use the correct terms to describe religious practices

Describe how faith and belief shape identity and belonging

Describe how religious commitment affects moral decisions

Identify the links between beliefs and the lives of people of faith

Articulate how religious ideas and beliefs are expressed in society.

Raise and discuss how religions engage with the big questions in our lives