

Primary Newsletter



Autumn 1. 21st October 2022

Dear Parents and Carers of our wonderful Primary children

It is so nice to be back in school and I should like to take this opportunity to thank you all for your messages and good wishes.

I have some really good news to share with you all - last week the government published some of the national figures for the primary tests that were taken during the summer term so that we can see how well our children are doing against all of the children across the country. The result that I want to share with you all is the Year 1 Phonics Screening Check result:

The national percentage of Year 1 children working at expected standard is 75%

The percentage of ARA primary children working at expected standard is 95.38%

We are so proud of our children!

Those of you with children in the Arc will have noticed the new all-weather canopy that has been built - this is to support the children with the opportunity for outdoor learning whatever the weather. This has completed the second phase of the development of the outdoor space and phase three will continue throughout next summer. I will share further information with you closer to the time.

You will have received a letter about the forthcoming Parents' Evenings on Monday 7th November and Thursday 10th November. Please remember to book your appointment online to ensure the day and time are best suited for you. If you need to arrange a telephone appointment, please send in an email and we will do our best to arrange this. The Book Fair will also be present on both of these evenings and there will be some great bargains to purchase (just in time for Christmas!).

We break up for half term on Friday 21st October with Monday the 31st October as a designated training day for all Academy staff - pupils return to school on Tuesday 1st November.

Last week we celebrated Mental Health Awareness Day and the children were able to wear clothing that made them feel happy. There were some wonderful outfits worn and they helped all of us to smile feel happy.

We have worked really hard to achieve our Gold Healthy Schools award and we want to ensure that we keep this. Our packed lunch policy states that we are a water (as a drink throughout the day) recommended school - this is a part of the criteria needed to remain a gold healthy school and if the children have juice with their lunch, they do not get a token as it is relatively high in sugar. So it would be greatly appreciated if you could just provide water as a drink with packed lunches.

All of our children have a scheduled visit this term to Northolt Library where they will learn how to use a library effectively and also to experience and understand all of the additional things that you can use a library for.

We have introduced an initiative to support parents with providing school uniform for their children. If your child has grown out of their uniform and you do not have anyone to pass this onto then please send it into school and give it to either Fiona or Julie. We will then share this uniform with families throughout the term.

I hope you all have a great half term break. Take care of yourselves and your children.



SCHOOL & HEALTH AMBASSADOR HEALTHY RECIPE

Fancy making something healthy and nutritious this half term? Then please check out some of the school and health ambassador's favourite recipe choices. They are perfect for packed lunch boxes!

YUMMY PIZZA MUFFINS



Ingredients

- 2 English muffins
- 40ml tomato based sauce
- 2 slices of ham
- 1 handful of basil leaves
- 2x 15ml spoons sweetcorn (canned)
- 60g mozzarella cheese

Method

1. Cut the muffins in half to create four pizza bases and spread the tomato-based sauce over each pizza base.
2. Tear the ham, mozzarella and basil into small and share it between the pizzas.
3. Add sweetcorn and any other toppings, such as sliced mushroom, chopped cherry tomatoes, diced courgette or canned tuna.
4. Place them under the grill for a few minutes until the cheese begins to turn brown.

5 mins
prep

3 mins
cooking

Serves
1

5/5 for
taste

TUNA PASTA SALAD



Ingredients

- 100g pasta animals
- ¼ red and yellow pepper, chopped into small pieces
- 40g low-fat cheese, in cubes
- 40g sweetcorn, drained
- 50g frozen peas, defrosted
- 1tbsp light mayonnaise
- squeeze of lemon juice
- 150g tinned tuna, drained

Method

1. Cook the Goodness pasta animals according to the packet, drain and refresh in cold water. Set aside in a large bowl.
2. Add the diced peppers, cheese cubes, sweetcorn and peas. Mix together the light mayonnaise and lemon, and stir through the pasta.
3. Stir through the tuna and then chill until ready to serve.

5 mins
prep






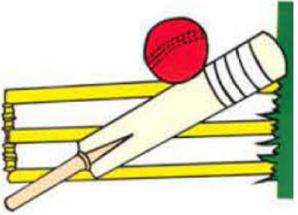

10 mins
cooking

Serves
1

4/5 for
taste

Autumn (2) Clubs

3:00pm-4:15pm

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<p>Multi-sport (Reception – Year 2)</p> 	<p>Football (Years 3-6)</p>  <p>Yoga (Years 3-6)</p> 	<p>Basketball (Years 3-6)</p>  <p>Dance (Years 3-6)</p> 	<p>Cricket (Years 3-6)</p>  <p>Drama (Years 3-6)</p> 

PUNCTUALITY AND ATTENDANCE

Well done to everyone for making sure our children get to school on time every day. A reminder our doors open for soft start at 8.15 a.m. and our lessons start at 8.30 a.m. Congratulations to the following classes who were awarded best punctuality and attendance this half term.

Phase 1

	Best Punctuality	Best attendance
16.9.22	Y1 Squirrel	Y2 Lobster
30.9.22	Y2 Owl	Y1 Dove
7.10.22	Y2 Koala	Y1 Starfish
14.10.22	Y1 Squirrel	Y3 Panda



Phase 2

	Best Punctuality	Best attendance
16.9.22	Y6 Manatee	Y5 Eagle
30.9.22	Y5 Eagle	Y3 Peacock
14.10.22	Y4 Lynx	Y6 Elephant



Please note these dates in your diary

Autumn 2	
Tuesday 1 st November 2022	Pupils return to school. Soft start at 8.15 a.m. lessons starts punctually at 8.30 am
Week Monday 7 th November 2022	Book Fair will be in school
Monday 7 th November 2022	Parent/Carer Consultation Evening
Thursday 10 th November 2022	Parent/Carer Consultation Evening
Tuesday 6 th December 2022	Reception Christmas Concert 9.30am - 10.30am and 2.00pm - 3.00pm Main Theatre
Thursday 8 th December 2022	Year 1 & 2 Christmas Concert 9.30am - 10.30am and 2.00pm - 3.00pm Main Theatre
Tuesday 13 th December 2022	Year 3 & 4 Christmas Concert 9.30am - 10.30am and 2.00pm - 3.00pm Main Theatre
Thursday 15 th December 2022	Year 5 & 6 Christmas Concert 9.30am - 10.30am and 2.00pm - 3.00pm Main Theatre
Friday 16 th December	End of term. 1.15 p.m. Finish



DAILY REFLECTION



During daily reflection this half term, we have been focusing on the British Value: Mutual Respect. Throughout the morning sessions, we have discussed what mutual respect means to us and how we can show mutual respect through different settings: the school, home and even in clubs outside the school setting. We have also discussed how mutual respect can be seen differently in different cultures, for example in some cultures, bowing down instead of shaking hands to welcome one another is seen more respectful. Children had the opportunity to identify where mutual respect was shown or not shown through different stimuli such as pictures, sayings and short clips and they were able to discuss why mutual respect was shown or not shown.

EALING HEALTHY SCHOOLS LONDON

Last academic year, as a school we made several positive changes to the packed lunch policy and incorporated healthy lunch tokens across the primary school to try to encourage nutritious food choices among our pupils. As part of the efforts of our pupils, parents, and staff this year Alec Reed Academy Primary School was awarded 2nd place in Ealing for our contribution to Ealing Health in school programme. We are so proud of our school and community, well done to everyone involved!

Healthy Schools points tally

Schools	First	Second	Third
Ealing Primary Schools	Little Ealing Primary School (25 points)	Alec Reed Primary School (23 points)	Beaconsfield Primary School (22 points)
Ealing High Schools	Alec Reed Academy High (12 points)	Northolt High (10 points)	Elthorne Park High (8 points)



DAZZLE DAY GEOGRAPHY FIELD WORK

On Thursday 22nd September 2022, fieldwork which is an integral part of the geography curriculum was showcased in our first dazzle day of the academic year 2022-23! This special day was purposeful, this enabled formal learning to occur outside of the classroom and immersed children in the key content of their learning, allowing them to think deeply and make stronger memories of their learning.

Children in all the year groups – Years 1 -6 had a wide range of fieldwork experiences from free exploration and imaginative engagement as well as more structured enquires that involved the use of more specific fieldwork techniques like observation, discussion, map reading and map drawing, photographing, data handling, interviews, and questionnaires to record field data to answer geographical questions. The school ground and the local area provided these opportunities for the children. The children planned and conducted geographical enquires on these areas -observing the seasons and the weather, how they can improve the local park by understanding the location and human impact both positive and negative, where the food for their school dinners travel from, how they can reduce plastic waste and how Northolt has change over time.

This enhanced and enriched children knowledge and understanding of places, physical, human, and environmental geography. Their findings and recommendation will be forwarded to the school council for further discussion.



SCHOOL AND HEALTH AMBASSADORS

This half term, all classes have been busy electing their school and health council representative. As a school that values pupil voice, the school and health ambassadors have a very important role to play. They are responsible for sharing the views of their peers and helping to make a positive impact on the environment around us.



School and Health Ambassador 2022:



Year Group	Class	Name
Year 2	Koala	Liliana
	Lobster	Kayden
	Owl	Filip
Year 3	Peacock	Clarissa
	Turtle	Somayya
	Panda	Sanja
Year 4	Kestrel	Hayat
	Lynx	Marcia
	Octopus	Izabelle
Year 5	Giraffe	Annmiriam
	Manatee	Vivienne
	Eagle	Romaisa
Year 6	Albatross	Amyah
	Elephant	Eva
	Dolphin	Ibrahim

The first project that the school and health ambassadors will be embarking on is supporting Ealing Foodbank and Trussell Trust on the collection of harvest food donations. Please join me in congratulating these children.

TIMES TABLES CHAMPION WRISTBANDS

Next half term, to support children with their times tables they will be receiving times tables wristbands. Once they have mastered one, they will move on to the next. When your child has mastered the relevant times tables for their year group, they will receive a times tables champion wristband to keep. Please encourage your child to memorise their times tables.



SPORTY ZONE

FOOTBALL AND MULTI-SPORTS CAMP

SPORTY
ZONE

OCTOBER HALF TERM

MONDAY 24TH - FRIDAY 28TH OCTOBER

9 AM - 3 PM, YEARS 1- 6

LOCATION:

ALEC REED ACADEMY
SECONDARY SCHOOL
SPORTS HALL
BENCARTH RD, NORTHOLT
UB5 5LQ

PRICE:

ANY SINGLE DAY - £20
FULL WEEK (5 DAYS) - £100
CASH / BANK TRANSFER
ACCEPTED

HOW TO GET INVOLVED?

PHONE: 07534097998
EMAIL: SPORTYZONEINFO@GMAIL.COM



INSTAGRAM: _SPORTYZONE

TO SECURE YOUR BOOKING, YOU MUST COMPLETE THE FORM BELOW AND EMAIL IT OVER TO: SPORTYZONEINFO@GMAIL.COM. YOU CAN ALSO COMPLETE THIS FORM BY HAND AND SEND A PICTURE OF IT OVER TO THE SAME EMAIL.

PLEASE MAKE SURE YOUR CHILD BRINGS A PACKED LUNCH, DRINKS, AND SUITABLE CLOTHING/FOOTWEAR FOR THE SPORTS HALL.

FOR SPORTY ZONE TO RUN THERE NEEDS TO BE A MINIMUM OF 8 PARTICIPANTS. ONLY PARENTS WHO HAVE HANDED IN FORMS AND PAID WILL BE INFORMED IF A CANCELLATION IS NECESSARY.

CHILD'S NAME:

AGE:

HOME ADDRESS:

CONTACT NAME:

EMAIL ADDRESS:

CONTACT NUMBER:

MEDICAL CONDITIONS:

LEARNING/PHYSICAL DISABILITIES:

MY CHILD CAN WALK HOME ALONE (CIRCLE) YES NO

DAYS ATTENDING THE HOLIDAY CAMP:

PAYMENT METHOD: (CIRCLE) CASH BANK TRANSFER CHEQUE

ALL FORMS MUST BE COMPLETED IN FULL INCLUDING ANY MEDICAL CONDITIONS. SPORTY ZONE DOES NOT ACCEPT RESPONSIBILITY FOR ANY LOSS OR DAMAGE TO PROPERTY. I AGREE TO THE TERMS AND CONDITIONS ABOVE AND CONFIRM THAT ANY MEDICAL CONDITIONS THAT MAY AFFECT MY CHILD'S PARTICIPATION ON THE COURSE IS FULLY DISCLOSED ABOVE. I ALSO AGREE TO ALLOW SPORTY ZONE STAFF TO ADMINISTER FIRST AID WHEN NECESSARY.

SIGNATURE _____

SPORTY ZONE MAY TAKE PHOTOGRAPHS TO USE FOR SOCIAL MEDIA PURPOSES. IF YOU DO NOT WISH FOR YOUR CHILD TO BE PHOTOGRAPHED, PLEASE TICK THIS BOX. ☐