

Attending school every day isn't just about the academic achievement and hitting our numbers. Being in school helps children develop a wide range of other skills that will help them as they grow.

Here are 10 additional reasons as to why school is important:

### **1. Schools teach social skills**

For most children, school is the first setting where they learn to socialize with others outside their family. They learn to make friends, listen to teachers, and work through problems. Learning these social skills early on gives children an important foundation for their interactions in society.

### **2. Schools can teach empathy**

Empathy, which is the ability to understand another person's feelings and experiences, is one of the most essential "soft skills" a person can have. They're learning to interact with other people, understand different perspectives, and develop good communication skills.

### **3. Schools help young people build confidence**

Being self-assured and **confident** in one's abilities is crucial to healthy self-esteem. In a school setting, children get the opportunity to build their confidence early on. As they learn to read, write, solve **math** problems, and more, their confidence in their abilities increases.

### **4. Schools encourage critical thinking**

Critical thinking is an essential part of any subject in school. Whether they're studying literature, **science**, or history, students can develop critical thinking techniques. They use these to absorb the material, form their own ideas, and express themselves in writing and speaking. These skills translate to every area of life, whether it's in academia, the work setting, or relationships.

### **5. Schools teach the value of the learning process**

Good schools teach children the value of learning for its own sake. It trains the brain how to focus, analyse, and remember. In the future, that training kicks in when you need to learn something new or solve a challenging problem.

### **6. Schools help young people develop future goals**

School introduce pupils to a wide variety of subjects. More often than not, a pupil connects with certain topics on a deep level. Whether it's through a research paper or group project, they get opportunities to explore their interests further.

### **7. Pupils benefit from school extracurricular activities**

Schools are more than just classrooms. Many also offer **sports**, clubs, and other extracurricular activities. Even if a pupil doesn't thrive in a classroom setting, they can find something else at their school that benefits them and helps them develop further.

### **8. Schools strengthen communities**

School can become an [important source of community](#) for many pupils. For some, it may be the only place they feel safe to be themselves. For pupils, feeling like they belong and are part of something bigger than themselves is very important. They'll feel supported and encouraged, and even when they leave school, they'll strive to find and build community wherever they go. School can also serve as a community space for parents, so it benefits whole families.

### **9. Education reduces poverty**

Education is an essential part of reducing poverty around the world. When children receive an education, they're able to access jobs with higher incomes. It's generally true that as a person gets more schooling, their income potential goes up. That benefits their whole families and can end cycles of generational poverty.

### **10. Education is linked to better health & can lead to less stress**

Education (or lack of education) has [long-term consequences](#) for a person's life. When someone gets good schooling, they're more likely to earn a good income. They're also more likely to get a job with fewer physical risks.

More education can lead to better-paying jobs. Having a higher income makes life less stressful. This is important because stress is linked to serious mental and physical health issues.