






























<h2 style="text-align: center;">Bridging Work 1</h2> <h3 style="text-align: center;">Psychology</h3>  <p><i>Ms Hemat</i></p>	<p> <b>Research</b></p> <ul style="list-style-type: none"> <li>○ What is psychology?</li> <li>○ What different types of psychologists are there?</li> <li>○ What is the difference between psychology, criminology and forensic psychology?</li> </ul> <p><a href="#"><u>What is psychology?</u></a></p> <p><a href="#"><u>Becoming a psychologist</u></a></p> <p><b>Time: 30 mins</b></p>	<p> <b>Watch and listen</b> <i>Mental health</i></p> <p>TED talk about mental health</p> <p>Summarise some of the key points highlighted in this talk.</p> <p><a href="#"><u>What's so funny about mental health?</u></a></p> <p><b>Time: 15mins</b></p>	<p> <b>Research Task</b> <i>Mental health</i> </p> <p>Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.</p> <p><b>Time: 2hr</b></p>
<p> <b>Watch and listen</b> <i>Mental health</i></p> <p>TED talk about stress</p> <p>Summarise some of the key points highlighted in this talk.</p> <p><a href="#"><u>The science of stage fright and how to overcome it</u></a></p> <p><b>Time: 15mins</b></p>	<p> <b>Watch and listen</b> <i>Mental health</i></p> <p>TED talk about causes for depression and anxiety</p> <p><a href="#"><u>This is why you could be depressed or anxious</u></a></p> <p><b>Time: 20mins</b></p>	<p> <b>Complete</b> <i>Mental health</i></p> <p>Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.</p> <p><b>Time: 30mins</b></p>	<p> <b>Complete</b> <i>Memory</i></p> <p>Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the quiz, create a quick mindmap showing what ‘memory’ means to you, what can affect memory and how you think memory can be improved.</p> <p><a href="#"><u>'How Good Is Your Memory?' quiz</u></a></p> <p><b>Time: 30 minutes</b></p>
<p> <b>Watch</b> <i>Memory</i></p> <p>TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.</p> <p><a href="#"><u>How reliable is your memory?</u></a></p> <p><i>TED Talks – Elizabeth Loftus</i></p> <p><b>Time: 40 minutes</b></p>	<p> <b>Research</b> <i>Memory</i></p> <p>What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.</p> <p><a href="#"><u>Eyewitness Testimony</u></a></p> <p><i>Simply Psychology</i></p> <p><b>Time: 1hr</b></p>	<p> <b>Complete</b> <i>Memory</i></p> <p>Produce a handout or PowerPoint detailing what eyewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.</p> <p><b>Time: 1hr</b></p>	<p> <b>Watch - extension work</b></p> <p><b><i>If you have access to Netflix watch '100 humans'</i></b></p>  <p><b>Time: 4hr30mins for all 8 episodes</b></p>

<p><b>Bridging Work 2</b></p> <p><b>Psychology</b></p>  <p><b>Ms Hemat</b></p>	<p> <b>Watch</b></p> <p>Watch this TED talk about common myths in Psychology</p> <p><i>Summarise some of the myths and explain why these are not true.</i></p> <p><a href="https://www.ted.com/talks/ben_a_mbridge_10_myths_about_psychology_debunked">https://www.ted.com/talks/ben_a_mbridge_10_myths_about_psychology_debunked</a></p> <p><b>Time: 30m</b></p>	<p> <b>Watch Attachment</b></p> <p>Watch this TED talk about media and behaviour.</p> <p> <i>Consider what behaviours you can relate to in this video. Explain why we need to develop relationships?</i></p> <p><a href="https://www.ted.com/talks/sherry_turkle_connected_but_alone">https://www.ted.com/talks/sherry_turkle_connected_but_alone</a></p> <p><b>Time: 40m</b></p>	<p> <b>Read Attachment</b></p> <p>John Bowlby is a famous psychologist in child psychology (attachment). Carry out some research about him and his theories/ explanations.</p> <p> <i>Create a thinking map/ summary notes with the key points to his work. Use this link as a starting point. <b>Time: 1hr</b></i></p> <p><a href="https://www.simplypsychology.org/bowlby.html">https://www.simplypsychology.org/bowlby.html</a></p>
<p> <b>Watch Attachment</b></p> <p>What happens with children in orphanages?</p> <p>Watch this TED talk and explain why foster care is so important</p> <p><b>Time: 30m</b></p> <p><a href="https://www.ted.com/talks/georgette_mulheir_the_tragedy_of_orphanages">https://www.ted.com/talks/georgette_mulheir_the_tragedy_of_orphanages</a></p>	<p> <b>Watch Attachment</b></p> <p>Can early childhood influence your adult behaviour?</p> <p><i>Explain how some human behaviour is predetermined and how some behaviour is due to experiences.</i></p> <p><b>Time: 30m</b></p> <p><a href="https://www.ted.com/talks/verle_provoost_do_kids_think">https://www.ted.com/talks/verle_provoost_do_kids_think</a></p>	<p> <b>Read Social Influence</b></p> <p>Conformity is a type of social influence involving a change in belief or behaviour in order to fit in with a group.</p> <p><i>Make notes on what conformity is, and the types of conformity that have been identified.</i></p> <p><a href="#">What is conformity?</a></p> <p><b>Time: 30m</b></p>	<p> <b>Watch Social Influence</b></p> <p>Zimbardo is one of the most famous social psychologists.</p> <p> <i>Summarise the experiment in your own words and create a bubble map to show the key details of the study.</i></p> <p><a href="https://www.youtube.com/watch?v=F4txhN13y6A">https://www.youtube.com/watch?v=F4txhN13y6A</a></p> <p><b>Time: 1hr 30m</b></p>
<p> <b>Complete Social Influence</b></p> <p>Would you consider yourself a conformist? Take a quiz and find out.</p> <p>Do you feel the answer is true to you? Explain your answer.</p> <p><a href="#">Are you a conformist?</a></p> <p><b>Time: 15m</b></p>	<p> <b>Complete Social Influence</b></p> <p>Research what normative social influence and informational social influence means. Give personal examples of when you have confirmed for both reasons.</p> <p><a href="#">NSI and ISI</a></p> <p><b>Time: 30mins</b></p>	<p> <b>Watch Social Influence</b></p> <p>TED talk that discusses how in a society that shuns those who do not fit in, a 16-year old dares everyone, including herself, to be different, and not feel the pressure to conform.</p> <p><a href="#">Conformity: are we afraid to stand out?</a></p> <p><b>TED Talks: Mina Whorms</b></p> <p><b>Time: 30mins</b></p>	<p> <b>Read - extension work</b></p> <p>History of psychology</p> <p><a href="https://allpsych.com/timeline/">https://allpsych.com/timeline/</a></p> <p>Cambridge university has a range of resources and activities to view on their website.</p> <p><a href="https://myheplus.com/subject/psychology">https://myheplus.com/subject/psychology</a></p> <p><b>Time: endless hours of fun!</b></p>