

Topic Studied: HEALTH AND SOCIAL CARE UNIT 5

| Week | Specification Point | Key Questions | Pre-Lesson Work | Set Homework | Independent Work Further Reading |
|------|--|---|---|---|--|
| 1 | Introduction to Private, Public and Voluntary Health and Social Care - Promoting equality, diversity and preventing discrimination in Health and Social Care | What is equality and diversity? How can discrimination be prevented in Health and Social Care settings? | Research different types of discrimination. | Write at least 1 page, on the negative impact of discriminatory practices on service users. | Read the introduction to Unit 5 in the textbook. |
| 2 | Promoting equality, diversity: Legislation and policies | What are the key pieces of legislation in health and social care? How can conflicts of interest be managed? | Read the summary of key legislation in the textbook. 94-95 and 327-329 | Complete the assigned COURSEWORK TASK | Research the impact of legislation on care practices. |
| 3 | The importance of Skills, Values and Attributes when delivering care | Which skills, values, and personal attributes need to be demonstrated by professionals who work in Health and Social Care? | Research how the 6C's can be demonstrated by professionals | Complete the assigned COURSEWORK TASK | Read about skills and attributes in the textbook. pages239-242 |
| 5 | The importance of personalising care when meeting the care and support needs of individuals. | How can care be personalised to meet individual care and support needs? | Onn You Tube watch at least 3 videos on person centered care. | Complete the assigned COURSEWORK TASK | Research the principles of person-centered planning. |
| 5 | The importance of building trust when meeting the care and support needs of individuals. | Why are trusting relationships between service users, their families and professionals necessary to deliver effective care and support? | Make a summary of some of the main strategies used to build trusting relationships. | Complete the assigned COURSEWORK TASK | Read pages 264-266 in the textbook. |
| 6 | The importance of effective communication to meet individual care and support needs | Why is effective communication important in Health and Social Care settings? | Read pages 267-272 in the textbook | Complete the assigned COURSEWORK TASK | Research different Communication Theories |

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| 7 | Abuse examples in Health and Social Care | What are the different types of abuse in health and social care settings? How can they occur? | Read an article on types of abuse in care settings. | Create a poster illustrating different types of abuse and their warning signs. | Research real-life cases of abuse in health and social care. |
| 8 | Skills and attributes in Health and Social Care | What skills and attributes are essential for health and social care professionals? Why are they important? | Watch a video on key skills and attributes for care workers. | Write a reflection on why empathy and communication are vital in care roles. | Research examples of good practice in health and social care. |
| 9 | How investigations into abuse have influenced legislation | How have major abuse investigations shaped current laws? Which legislation was introduced as a result? | Read a summary of a high-profile abuse case and its legal outcomes. | Create a timeline showing key legislation changes following abuse investigations. | Research the Care Act 2014 and its link to safeguarding. |
| 10 | How investigations into abuse have influenced policy and practice | How do policies and procedures change after abuse investigations? What impact does this have on care settings? | Read a case study on policy changes after an abuse scandal. | Write a report on how safeguarding policies protect service users. | Research current safeguarding policies in health and social care. |
| 11 | What is confidentiality? | What does confidentiality mean in health and social care? How does it benefit service users? | Watch a documentary or video on maintaining confidentiality | Create a personalised care plan for a fictional service user. | Research the principles of personalisation and individual choice. |
| 12 | What is promoting independence and empowerment | What is promoting independence and empowerment? How does effective communication support equality and diversity? | Read an article promoting independence and empowerment communication strategies. | Write an essay on why promoting independence and empowerment is essential in care settings. | Research empowerment techniques for diverse service user needs. |

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