



Topic Studied: **Health and Social Care – Unit 1: Human lifespan development**

Week	Specification Point	Key Questions	Pre-Lesson Work	Set Homework	Independent Work Further Reading
1	Human growth and development through the life stages	What are the different life stages? What are the key aspects of physical, intellectual, emotional, and social development at each life stage?	Read the introduction to Unit 1 in the textbook.	Complete work booklet and independent further reading task. reading.	Research the physical development in infancy and early childhood.
2	Factors affecting human growth and development	What are the different factors that can affect human growth and development? How do genetic, environmental, and lifestyle factors influence development?	Watch at least 2 videos on you tube on genetic factors affecting development.	Complete work booklet and independent further reading task. reading.	Research the effects of environmental factors on development.
3	Theories of human development	What are the main theories of human development? How do these theories explain the different aspects of development?	Read the summary of Piaget's theory of cognitive development.	Complete work booklet and independent further reading task. reading.	Research Erikson's stages of psychosocial development.
4	The nature-nurture debate related to factors	What is the nature-nurture debate? How do nature and nurture interact to influence development?	Read the article on the nature-nurture debate.	Complete work booklet and independent further reading task. reading.	Research case studies that illustrate the nature-nurture debate.
5	Genetic factors that affect development	What are genetic factors? How do genetic factors influence development?	Watch the documentary on genetic disorders.	Complete work booklet and independent further reading task. reading.	Research the role of genetics in development.
6	Environmental factors that affect development	What are environmental factors? How do environmental factors influence development?	Read the case study on environmental influences on development.	Complete work booklet and independent further reading task. reading.	Research the effects of pollution on development.



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7	Social factors that affect development	What are social factors? How do social factors influence development?	Read the article on social influences on development.	Complete work booklet and independent further reading task. reading..	Research the role of peers in development.
8	Economic factors that affect development	What are economic factors? How do economic factors influence development?	Watch the video on economic influences on development.	Complete work booklet and independent further reading task. reading.	Research the effects of wealth on development.
9	The physical changes of ageing	What are the physical changes that occur with ageing? How do these changes affect development?	Read the case study on physical changes in ageing.	Complete work booklet and independent further reading task. reading..	Research the impact of ageing on physical development.
10	The psychological changes of ageing	What are the psychological changes that occur with ageing? How do these changes affect development?	Watch the documentary on psychological changes in ageing.	Complete work booklet and independent further reading task. reading.	Research the effects of ageing on cognitive development.
11	The societal effects of an ageing population	What are the societal effects of an ageing population? How do these effects influence development?	Read the article on the societal impact of an ageing population.	Complete work booklet and independent further reading task. reading.	Research the role of society in supporting the elderly.
12	Theories of ageing	What are the main theories of ageing? How do these theories explain the ageing process?	Read the summary of the main theories of ageing.	Complete work booklet and independent further reading task. reading.	Research the impact of ageing on development.